

PHYSICIAN'S ORDERS:

North DeKalb Orthopedics, PC:

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ALLERGIES (on admission / 1st orders only):

DATE ORDERED

TIME

15. **PRN Meds (Please cross out any order that is not to be given)**
 - A. Morphine _____ Mg with Vistaril 25 Mg IM q 3 hr prn pain when done with PCA
 - B. Oxycontin 10mg or 20 mg PO q AM prn pain and 10mg PO q PM prn pain when done with PCA (first drug to use) **(MAY USE WITH PCA)**
 - C. For breakthrough pain, may use Percocet (generic) (5mg oxycodone) 1 tab PO q 3h prn
 - D. Tylenol #3 1-2 Tabs PO q 3 hr. prn less severe pain pain
 - E. Tylenol 650 Mg. PO q 4 hr. prn headache, temp > 101 degrees
 - F. Compazine 10 Mg PO/IM or Phenergan 25 mg PO/IM or Inapsine 1.25 mg IM/IV q 6 hr. prn **nausea**
 - G. Ambien 5 Mg. PO qhs prn sleep (may give 10 Mg if patient is under 60 years old)
 - H. Benadryl 25 Mg. PO qhs prn sleep, itching
 - I. Laxative of choice, prn
 - J. Maalox or Mylanta 30 cc PO q 6 hr. prn heartburn
 - K. Fleets Enema, prn

16. Transfuse 1 unit autologous packed RBC over 2 hrs. if Hematocrit < _____ % (at anytime in first 2 days)
17. Check Hematocrit (HCT) in PACU. Notify MD if < 25 %
18. EKG in Recovery (if checked) Notify Dr. _____
19. Labs: CBC, BMP on postop days: _____, _____, _____ (_____, _____, _____)
20. Straight Cat prn. - 1st cath, use 16 French Foley. If urine output > 400 cc, leave catheter in.
21. If catheterized, Notify MD if output < 100 cc (total) over 4 hour.
Discontinue foley after 48 hours, unless otherwise ordered.
22. First dressing change on 2nd day postop. Remove any hemovac drains on day 2.
Then dressing change daily or prn.
23. TED STOCKINGS (Knee High) (please put gel pads on heels, underneath TED stockings to protect them)
24. Foot Pumps Bilaterally (Kendall AVI or Plexipulse) whenever in bed (at least 10 hrs per day) (put over socks)
25. Circle One: (Abduction Pillow / Balanced Suspension / Continuous Passive Motion (CPM))
 - CPM to begin _____, start at 0-60 degrees, and advance as tolerated.
 - Start CPM flexed and held at _____ degrees for _____ hrs,
then start movement at 0-60 degrees, and advance as tolerated.
26. Physical Therapy: (Fill in date)
 - Get OOB to chair and start ambulation TODAY (in afternoon) UNLESS TOO SEDATED**
 - Weight Bearing: _____ Non WB, _____ Toe Touch (20%), _____ Partial WB (50%), _____ Full WB
_____ No Active Hip Abduction _____ No Active Quads
27. Occupational Therapy: Evaluate and treat. Begin on _____
28. _____ 3600 (Rehab) Consultation (with Dr. Mark Feeman)
29. Special Precautions: _____
30. _____ Accucheck a.c. and h.s. _____ Cover with Sliding Scale Insulin (regular Humulin sq)
Insulin Coverage: 180-240 _____ units, 241-300 _____ units, 301-350 _____ units, 350-400 _____ units
Insulin Coverage: _____ Use Formula: { Blood Sugar (BS) -100} / 30 = Units Regular Humulin sq injection.

Physician's Signature: _____

